



aikido seattle

is pleased to announce an all-day

Aikido Ukemi Workshop

with

Evie Lynch Sensei

3rd Dan, Aikikai

Saturday April 26th, 2025

10:30-12:30

3:00-5:00

\$60 full day

Space is limited;
Please register early.

Evie Lynch Sensei (she/her) started training at Aikido of Madison (WI) at age nine and is now a student of Jan Nevelius Shihan. Outside the dojo she is a personal trainer and group fitness instructor.

She is interested in playful, dynamic ukemi as a form of experimentation to learn more about yourself, your partners, and the world we live in.

This collaborative ukemi workshop will focus on contact, connection, and safe body mechanics.

1004 Turner Way E
Seattle, WA 98112



<https://aikidoseattle.org/events/lynch-2025>

Photo: Kerry Connell