



aikido seattle

is pleased to announce an Aikido seminar with

Miia Mäntysaari

6th Dan, Aikikai

December 5-7, 2025

Miia Mäntysaari, 6th Dan Aikikai, a student (deshi) of Endo Shihan, embodies a style of aikido that is soft yet powerful, emphasizing flow, connection, and presence. She teaches seminars regularly in Finland and internationally, and travels to Japan twice a year to train with Endo Sensei and his close students. Her home dojo, Kimoumi, is located in Kirkkonummi, near Helsinki.



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<https://aikidoseattle.org/events/mantysaari-2025>