



# aikido seattle

Aikido Friendship seminar with

## **Miia Mäntysaari**

### **Sensei**

6th Dan, Aikikai

**December 5-7, 2025**

Miia Mäntysaari, 6th Dan Aikikai, a student (deshi) of Endo Shihan, embodies a style of aikido that is soft yet powerful, emphasizing flow, connection, and presence. She teaches seminars regularly in Finland and internationally, and travels to Japan twice a year to train with Endo Sensei and his close students. Her home dojo, Kimoumi, is located in Kirkkonummi, near Helsinki.

1004 Turner Way E  
Seattle, WA 98112

[aikidoseattle.org](http://aikidoseattle.org)

Fri 6:00-8:00

Sat 10-12, 2:30-4:30

Sun 10-12

