



**AIKIDO SEATTLE**

AN INTERNATIONAL FRIENDSHIP DOJO

合気道

## Location

Aikido Seattle  
1004 Turner Way E  
Seattle, WA 98112

## Contact

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<https://aikidoseattle.org>

# AIKIDO BEGINNER CLASSES



Aikido Seattle is pleased to offer a beginner series for those interested in trying Aikido or restarting a practice.

We welcome new students at any time, but some students prefer beginning a practice at the same time as others of the same level. Our beginner series offers just that.

The eight class series will teach basic movements and techniques with a focus on safe practice and falling.

During the beginner series, students are also invited to try our regular classes. Instructors adapt each class to accommodate the different levels of the students that are present.

**September 11- October 30, 2019**

Every Wednesday, 6:15 - 7:15 pm

## Fee

Two months (8 classes): \$100

## Registration

<https://aikidoseattle.org/events/beginner-fall-2019>